

READY TO QUIT?

Tobacco Cessation Products

City employees enrolled in the City medical plan, Blue Cross Blue Shield, can receive 180 days therapy at no cost to you!

Follow these steps to get certain prescriptions and nicotine replacement products covered in full at no cost to you:

1. Ask your doctor if one or more covered prescription drugs and/or OTC products listed below would be good for you.
2. Get a prescription for each one. Yes, even OTC products to help quit smoking will need a prescription in order to be covered at no cost to you.
3. Go to pharmacy that's in your health plan's network to fill your prescription.
4. Show the pharmacist proof you're at least 18 years of age. If you're under 18, you may need to speak with your doctor or other health care professional to get your OTC product, because by law, they can only be sold to people who are over 18.

FREE PRODUCTS!

Products include:

- Zyban (brand and generic)
- Chantix
- Over the Counter nicotine patches, gum and lozenges



For more information:

Contact the City BeeFit Wellness Program at
EmployeeWellness@stlouis-mo.gov or 314-622-4849.